

# SNORKELS REFERENCE GUIDE



**STABILITY SNORKEL**  
TECHNICAL & TRAINING  
SNORKEL

**SWIMMER ABILITY**

**INTERMEDIATE  
& ADVANCED**

The tube curves closely around your head to support an elevated body position while sprinting.

**BEST TO USE FOR...**

Great for keeping perfect stability through sprint and distance sets alike!



**BENEFITS**

- Bracketless™ design provides the most comfortable and stable fit
- The tube adjusts to five different lengths for a customized fit
- Patented mouthpiece can pivot to the side between sets

Designed for competitive swimmers who train at high speeds.



**ORIGINAL SWIMMER'S  
SNORKEL**  
TECHNICAL & TRAINING  
SNORKEL

**SWIMMER ABILITY**

**BEGINNER, INTERMEDIATE  
& ADVANCED**

Features a purge valve, which allows water to flow out of the snorkel without entering the mouth piece. Takes a greater lung capacity to clear the snorkel of water after a flip turn. Also a great snorkel for beginners who are not doing flip turns.

**BEST TO USE FOR...**

Longer swim sets that include frequent flip turns and/or open turns.



**BENEFITS**

- Conditions your lungs and increases aerobic capacity
- Allows relaxation in the water to focus on stroke technique and rhythm
- Promotes proper head position and body alignment

Designed to build lung endurance and allow swimmers to focus on stroke technique.



**STABILITY SNORKEL JR**  
YOUTH SWIM SNORKEL

**SWIMMER ABILITY**

**BEGINNER, INTERMEDIATE  
& ADVANCED**

Allows younger swimmers to learn techniques like older swimmers have been learning for years and is specifically designed for swimmers ages 6-10

**BEST TO USE FOR...**

Gives swimmers confidence, letting them learn new skills and improve their overall technique.



**BENEFITS**

- A shorter tube accommodates shorter and shallower breaths for younger swimmers
- No head brackets. Simplified design is comfortable and stable
- Small comfortable mouthpiece.

Swimming with a snorkel eliminates the need to turn the head for a breath.



**ORIGINAL SWIMMER'S  
SNORKEL JR**  
TECHNICAL & TRAINING  
SNORKEL

**SWIMMER ABILITY**

**BEGINNER, INTERMEDIATE  
& ADVANCED**

A shorter tube accommodates the shorter and shallower breaths of younger swimmers (best for ages 10-13)

**BEST TO USE FOR...**

Longer swim sets that include frequent flip turns and/or open turns.



**BENEFITS**

- Conditions your lungs and increases aerobic capacity
- Allows relaxation in the water to focus on stroke technique and rhythm
- Promotes proper head position and body alignment

Designed to build lung endurance and allow swimmers to focus on stroke technique.



**GLIDE SNORKEL**  
TECHNIQUE & TRAINING  
SNORKEL

**SWIMMER ABILITY**

**BEGINNER, INTERMEDIATE  
& ADVANCED**

Simple design keeps this snorkel stable and allows swimmers to easily clear the tube if water enters.

**BEST TO USE FOR...**

All sets!



**BENEFITS**

- Provides perfect stability at any speed
- Builds lung strength
- Allows relaxation in the water to focus on stroke technique and rhythm

Designed as an introductory snorkel, can be easily cleared while swimming.



**FREESTYLE SNORKEL**  
DESIGNED  
FOR FREESTYLE

**SWIMMER ABILITY**

**INTERMEDIATE  
& ADVANCED**

The curved design wraps around the head, which requires a greater lung capacity to clear the tube of water if it is submerged.

**BEST TO USE FOR...**

Freestyle – both long endurance sets and short sprint sets.



**BENEFITS**

- Makes your swim more enjoyable by preventing uphill swimming
- Promotes proper head position and body alignment
- Maximizes stroke efficiency

Designed specially for freestyle, curves around the head to reduce drag.



BUTTERFLY



BACKSTROKE



BREASTSTROKE



FREESTYLE