# SNORKELS REFERENCE GUIDE



### **SWIMMER ABILITY**

### INTERMEDIATE & ADVANCED

The tube curves closely around your head to support an elevated body position while sprinting.

### BEST TO USE FOR...

Great for keeping perfect stability through sprint and distance sets alike!









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# **BENEFITS**

- Bracketless<sup>™</sup> design provides the most comfortable and stable fit
- The tube adjusts to five different lengths for a customized fit
- Patented mouthpiece can pivot to the side between sets

Designed for competitive swimmers who train at high speeds.



### SWIMMER ABILITY

### BEGINNER, INTERMEDIATE & ADVANCED

Features a purge valve, which allows water to flow out of the snorkel without entering the mouth piece. Takes a greater lung capacity to clear the snorkel of water after a flip turn. Also a great snorkel for beginners who are not doing flip turns.



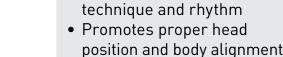
Longer swim sets that include frequent flip turns and/or open turns.

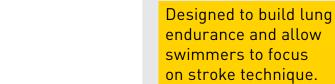


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# STABILITY SNORKEL JR YOUTH SWIM SNORKEL

### **SWIMMER ABILITY**

### BEGINNER, INTERMEDIATE & ADVANCED

Allows younger swimmers to learn techniques like older swimmers have been learning for years and is specifically designed for swimmers ages 6-10

### BEST TO USE FOR...

Gives swimmers confidence, letting them learn new skills and improve their overall technique.











## **BENEFITS**

- A shorter tube accommodates shorter and shallower breaths for younger swimmers
- No head brackets. Simplified design is comfortable and stable
- Small comfortable mouthpiece.

Swimming with a snorkel eliminates the need to turn the head for a breath.



# SWIMMER ABILITY

### BEGINNER, INTERMEDIATE & ADVANCED

A shorter tube accommodates the shorter and shallower breaths of younger swimmers (best for ages 10-13)

## BEST TO USE FOR...

### Longer swim sets that include frequent flip turns and/or open turns.



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Designed to build lung endurance and allow swimmers to focus on stroke technique.

**BENEFITS** 

• Conditions your lungs and

Allows relaxation in the

water to focus on stroke

**BENEFITS** 

• Conditions your lungs and

Allows relaxation in the

technique and rhythm

• Promotes proper head

water to focus on stroke

position and body alignment

increases aerobic capacity

increases aerobic capacity



### SWIMMER ABILITY

### BEGINNER, INTERMEDIATE & ADVANCED

Simple design keeps this snorkel stable and allows swimmers to easily clear the tube if water enters.

## BEST TO USE FOR...

### All sets!

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### **BENEFITS**

- Provides perfect stability at any speed
- Builds lung strength
- Allows relaxation in the water to focus on stroke technique and rhythm

Designed as an introductory snorkel, can be easily





## SWIMMER ABILITY

### INTERMEDIATE & ADVANCED

The curved design wraps around the head, which requires a greater lung capacity to clear the tube of water if it is submerged.

### BEST TO USE FOR...

### Freestyle - both long endurance sets and short sprint sets.

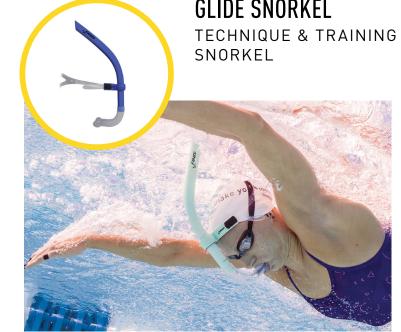




## **BENEFITS**

- Makes your swim more enjoyable by preventing uphill swimming
- Promotes proper head position and body alignment
- Maximizes stroke efficacy

Designed specially for freestyle, curves around the head to reduce drag.









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