

Size Chart

ALPHA SIZE	RECOMMENDED FOR	VERTICAL LENGTH OF PADDLE	HAND CIRCUMFERENCE
XSMALL	YOUTH	14.7cm	17.8cm or Less
SMALL	YOUTH/ADULT	16.5cm	17.8cm - 20.3cm
MEDIUM	ADULT	18.4cm	20.3cm - 22.9cm
LARGE	ADULT	20.3cm	22.9cm or More
*Black circles on lower half of paddles show size: XS(o), S(●), M(●●), L(●●●)			